### **Communication Policy**

Upon placement at the Lynchburg Youth Group Home all residents are encouraged to maintain contact with their (approved) family members/ guardian. Incoming calls will only be permitted from attorneys and probation officers. If a parent/guardian attempts to reach a resident during an emergency, staff will notify Administration of the nature of the situation.

All calls will be supervised by staff except for calls to or from attorneys or probation officers. Residents of the Lynchburg Youth Group Home may write letters to family and friends (unless otherwise ordered by the courts), but are not permitted to write other juvenile or adult facilities unless approved by that facility.

The facility will provide upon request, writing materials/ stationary, envelopes and postage stamps for the purpose of writing letters; postage stamps are limited to two per week.

## Visitation Policy

The Lynchburg Youth Group Home strives to maintain the ties of the youth with his/her family as appropriate. This is done through family visitation and family meetings, to include the Caseworker, at the facility. Visitation hours will be arranged by the Caseworker in coordination with the parents or guardian. Generally, visitation is limited to parents/ guardians; however, the Caseworker may utilize discretion to permit visitation with other family members. If the youth is a parent themselves, special arrangements will be made for that visitation.

No visitors under the age of 18 will be permitted in the facility without special approval by Administration. Attorneys, probation officers, or other professional related visitors may visit with prior arrangements being made with the facility.

#### Lynchburg Youth Group Home

1404 Florida Avenue Lynchburg, Virginia 24501

Phone: 434-455-4060 Fax: 434-847-1703

Website: Lynchburg Youth Group Home | City of Lynchburg, VA (lynchburgva.gov) (Localities served: Amherst, Appomattox, Bedford, Campbell, Lynchburg, Nelson, Roanoke,

and other surrounding localities)

# Lynchburg Youth Group Home



### Mission

The mission of the Lynchburg
Youth Group Home (LYGH) is to
provide the best and highest
standard of care to all the youth
and families we serve. Each
youth is a unique individual
and is treated with respect and
care. It is our goal to provide an
environment which the youth is
able to maximize his/her
potential.

# Programs & Services

The Lynchburg Youth Group Home provides an array of programs and services to accommodate the needs of residents placed in our facility. These services are designed to meet their basic and mental health needs, as well as, empower youth to act responsibly, take initiative, and become productive citizens within their communities. Currently, our facility provides the programs and services reflected below:

#### Basic Needs and Supervision

- Coordination and oversight of medical/ dental care, medication administered as prescribed
- Nurse on-site daily, Physician on-site weekly
- ♦ 24-hour active supervision of residents
- Transportation to community-based appointments

#### **Educational Services**

- Transportation to educational placement if required
- Academic assistance and support to include tutoring
- Online academic services available
- Consistent contact with educational providers to promote academic success

# Programs & Services (continued)

#### Therapeutic Interventions

- Designated therapist on-site
- Coordination of individual, family, and group therapy during group home placement on an as needed basis
- Staff trained in trauma-informed care

#### Daily & Weekly Groups and Activities

- Daily goal setting and evening reflections
- Life skills: hygiene and personal appearance, social skills, cooking and housekeeping, health and sexuality, money management, and consumer awareness.
- ◆ Amend Together—Dedicated to ending violence against women and girls (Every Friday)
- ◆ Young Men Mentoring at The Jubilee Center ( Every Saturday)
- ◆ Young Women's Empowerment Academy (Every Saturday)
- Street Law (Focusing on topics relevant to resident's lives)

# Programs & Services (continued)

#### **Employment Skills**

- Employment skill-building: (Applications, interviewing, maintaining employment)
- Assistance seeking and maintaining employment
- Banking skills (Budgeting, savings account)

#### Service Planning

- Case Management
- ♦ Advocate Services
- Communication with placing agency and other involved service providers
- Service planning to include coordination of services, service plan development, and completion of monthly reviews

